

Perfection Sucks

By Kim Dannies

Yes, Martha Stewart did her jail time, but it should have been for more than stock fraud. I think she should have been convicted for assault and battery on the American people's psyche. Her unrealistic portrayal of perfect domestic bliss has caused more insecurity and depression than an army of terrorists.

Perfection is not a good thing. Rather, I advocate adopting an attitude of excellence at work and play—it's a wonderfully refreshing paradigm shift from the perfectionist propaganda that consistently bombards and strangles our best efforts. I'm not just talking semantics here, and this excellent poem explains why:

Perfection is right...Excellence is willing to be wrong.
Perfection is fear...Excellence is risk.
Perfection is anger and frustration...Excellence is powerful.
Perfection is control...Excellence is spontaneous.
Perfection is judgment...Excellence is accepting.
Perfection is taking...Excellence is giving.
Perfection is doubt...Excellence is confidence.
Perfection is pressure...Excellence is flowing.
Perfection is a destination...Excellence is a journey.

- Author Unknown

Which trip would you rather be on?

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